wakefit zense

Intelligent sleep solutions

Track8

User Guide

Contents

① Getting Started

Thank you for purchasing the Wakefit Zense Track8.

Welcome to the Zense Track8 user manual. Zense Track8 is a contactless sleep tracker that uses advanced ballistocardiography (BCG) technology to monitor your sleep patterns. This guide will help you set up and onboard your device. Zense Track8 comes in two variants.
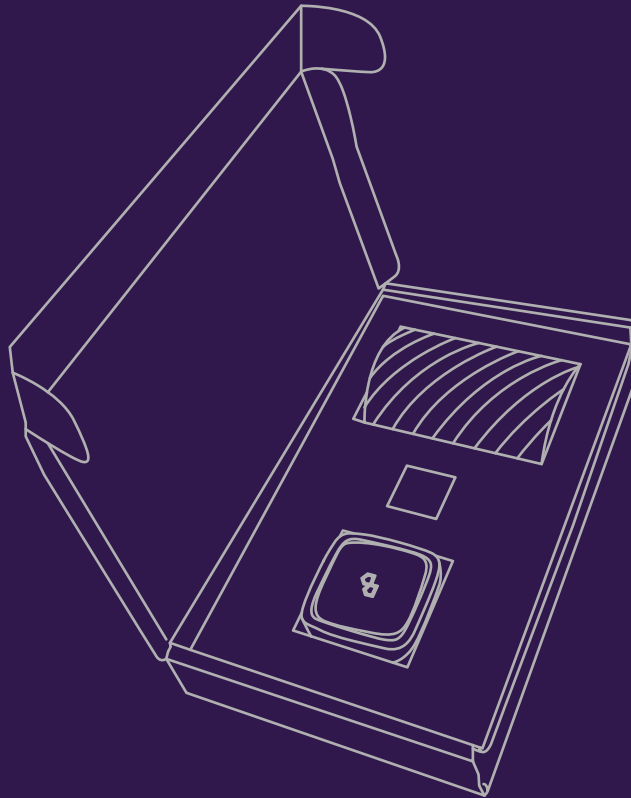
1.1 What's Included in your Package?

Upon unboxing, you will see,

1. For Double Sheet Variant-> Two Sensor Sheets (Primary and Secondary), Track8 Main Pod and Power Adapter.

2. For Single Sheet Variant-> One Sensor Sheet (Primary), Track8 Main Pod and Power Adapter.
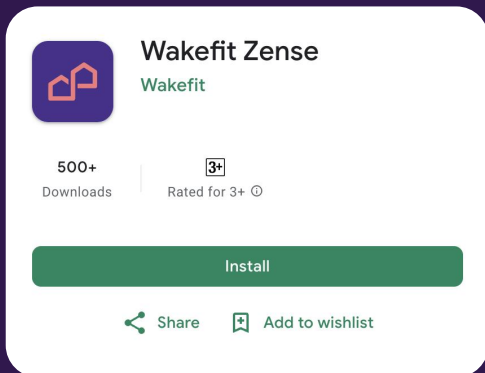
1.2 Installing the App

The Wakefit Zense mobile application must be installed for onboarding and configuration of the Track8 Sleep Tracker.
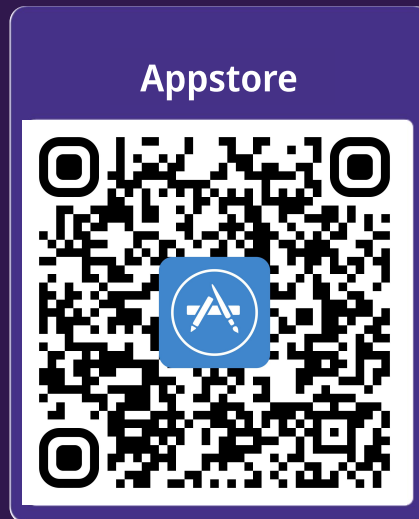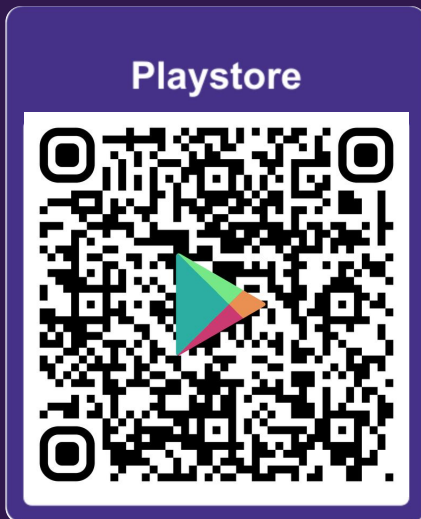
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4

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Download and install the mobile app. Alternatively,
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1.3 Safety precautions

- Keep the Track8 Pod and Sensor Sheet dry and away from water sources.

- Before connecting the Track8 Pod, ensure that the power cord is not damaged. Always use the wakefit provided power adapter for the Pod.

- Children should be supervised to ensure that they do not play with Track8.

- Do not unstitch or stitch the sensor sheet. It will void the warranty.

② Device Installation and Onboarding

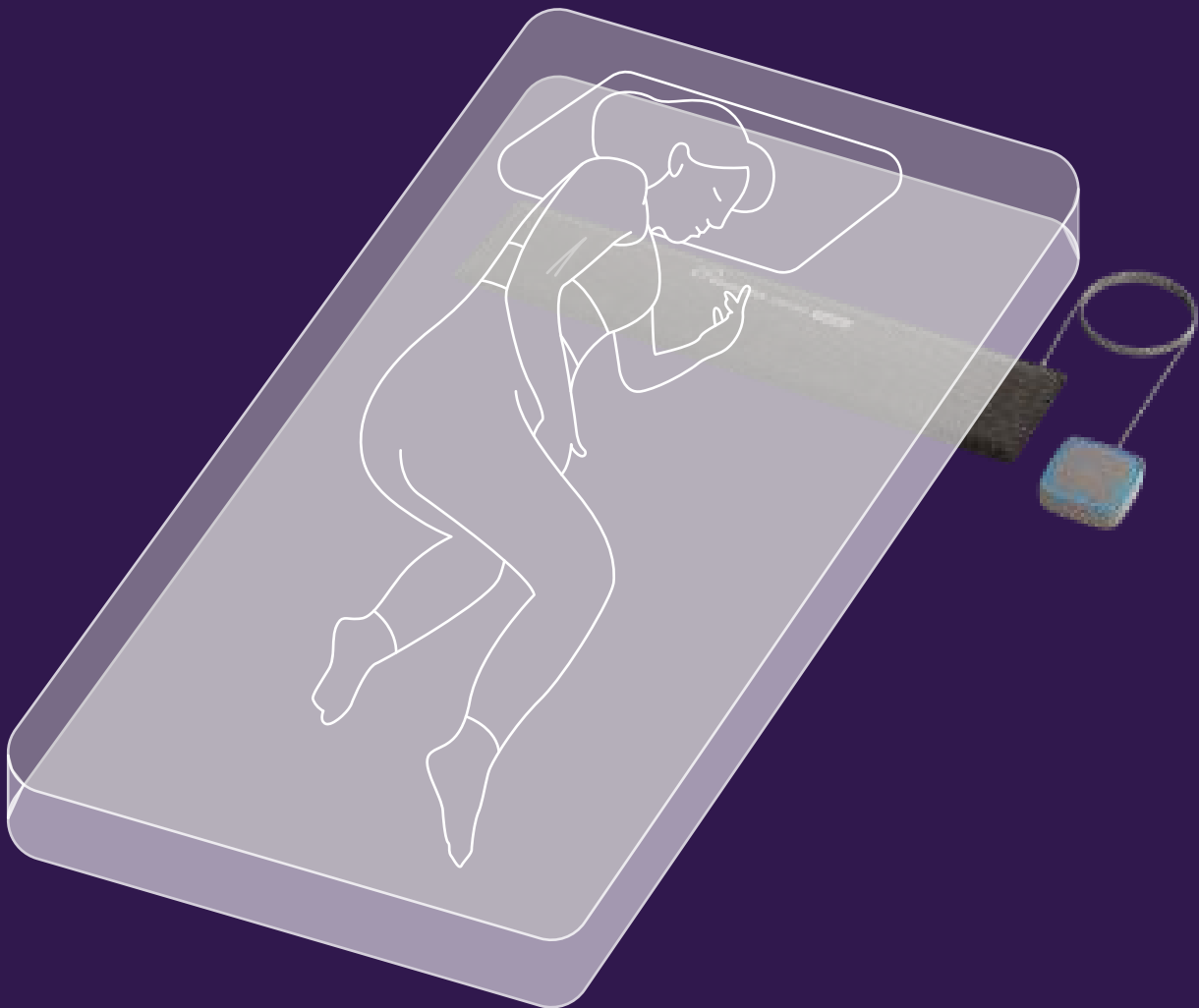### For Single Sensor Sheet Variant:

(a) Connect the Sensor Sheet:

Insert the C type USB connection of the Primary Sensor Sheet into the primary slot on the Zense Track8 POD

(b) Place the Sensor Sheet:

- Position the primary sensor sheet under your mattress, below your chest level horizontally.

- Ensure branding stickers are facing upwards.
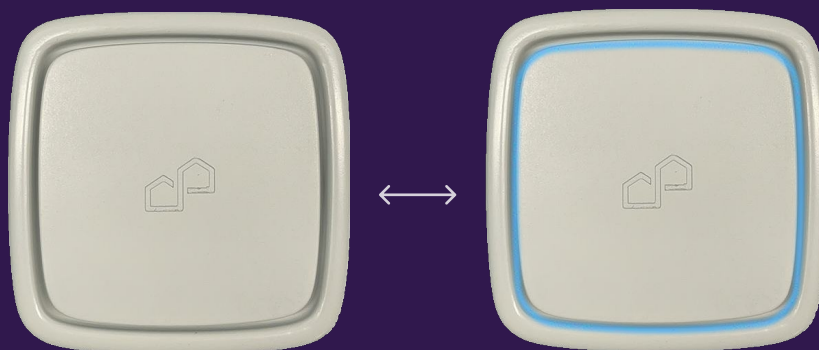
(c) Power On the Device:

Use the Wakefit provided adapter to power on the device.

Upon powering on, a circular blue light will indicate the device is booting up

(d) Initial State:

The device will be in an unpaired state and will display a breathing pattern blue light.

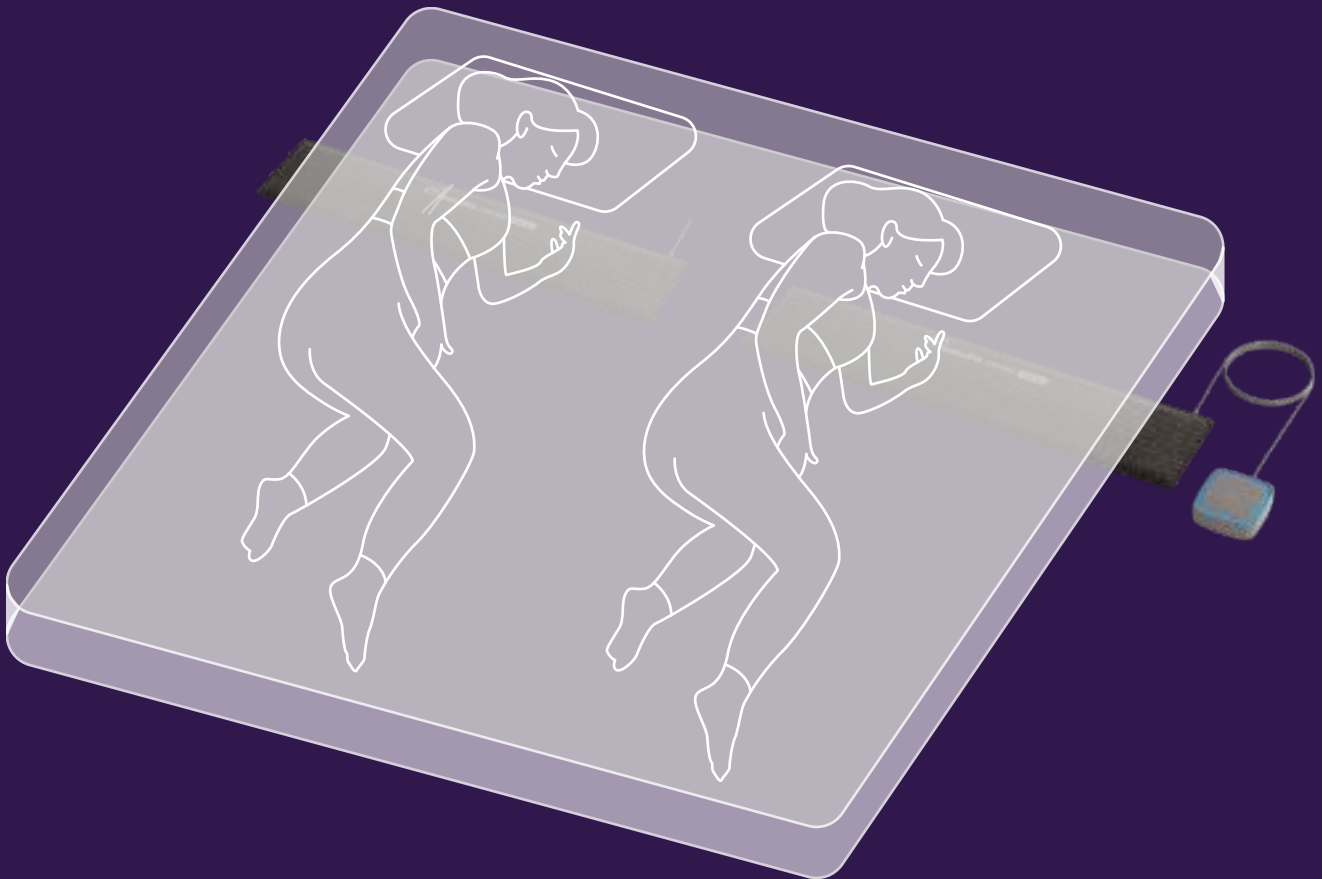# For Double Sensor Sheet Variant:

(a) Connect the Sensor Sheet:

- Insert the C type USB connection of the Primary Sensor Sheet into the primary slot on the Zense Track8 POD.

- Insert the C type USB connection of the Secondary Sensor Sheet into the secondary slot on the Zense Track8 POD.

(b) Place the Sensor Sheet:

- Position the primary sensor sheet under your mattress, below your chest level horizontally.

- Position the secondary sensor sheet under your partner's side of the mattress at their chest level.

- Ensure branding stickers are facing upwards.
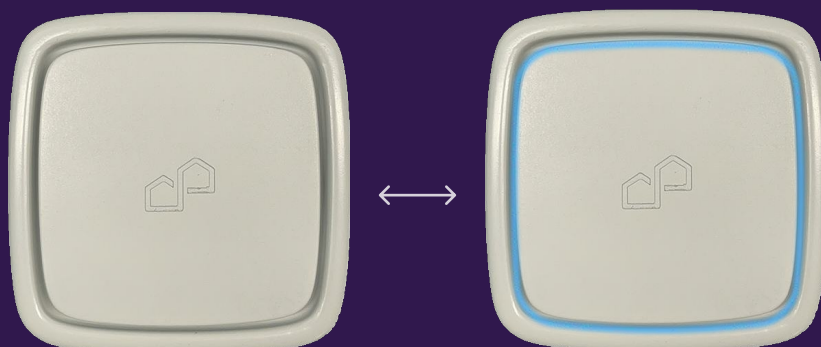
(c) Power On the Device:

Use the Wakefit provided adapter to power on the device.

Upon powering on, a circular blue light will indicate the device is booting up
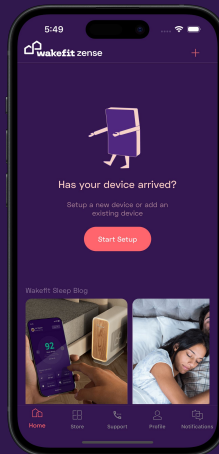

(d) Initial State:

The device will be in an unpaired state and will display a breathing pattern blue light.
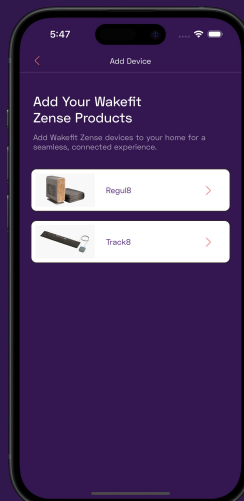
2.1.1Single Sensor Sheet Onboarding:

2.1.1 Open the App:

(a) Open the Wakefit Zense app and press the Start Setup button.
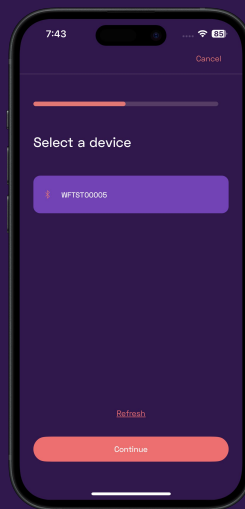

2.1.2 Select Product:

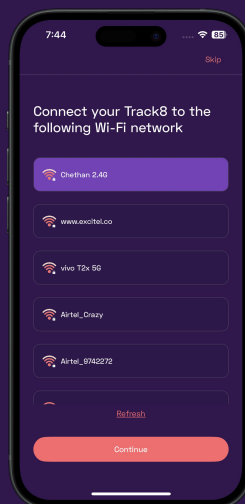(a) Select Track8 on the Zense product selection page

2.1.3 Device Selection: 2

(a) Follow the quick instructions and select your device from the advertisement list. The device will be listed as (WFTSTxxxxx), where "xxxxx" is your personalized device number.
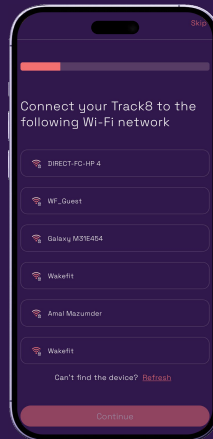
(b) Ensure the device is powered on before this step.

2.1.4 Pair the Device:

(a) Click on your respective device to pair. You can verify your device number on the back of the Track8 POD.

2.1.5 Setup WiFi:

(a) Follow the app instructions to set up WiFi for your Track8 device.
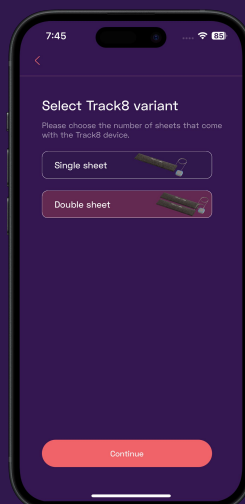

2.1.6 Complete Onboarding:

(a) Follow the instructions provided in the app to complete the onboarding process.

2.2.1 Double Sensor Sheet Onboarding:

Step 1 to 6 is same for Double sheet, after you have finished all the steps, please follow the steps below.
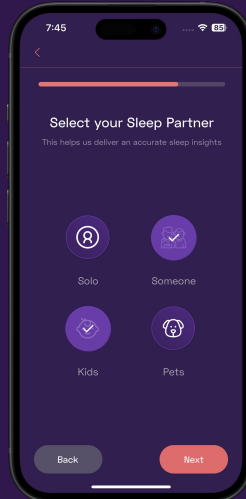
2.2.7 Select Double Sheets:

(a) In the variant selection page, select the double sheets option.
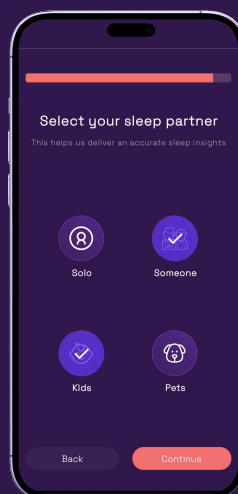
2.2.8 Invite Partner:

(a) Send an invitation link to your partner via the app.
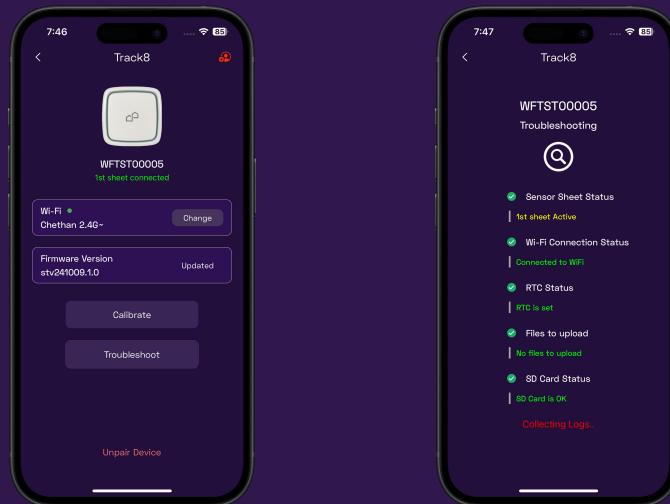

2.2.9 Partner Onboarding:

(a) The secondary user will receive a notification for the invitation. Upon acceptance, the secondary device will automatically pair with the secondary sheet.

(b) If the invitation is rejected, the primary user can resend the invitation from the device page.

3 Troubleshooting and Support

(a) If you encounter any issues during installation or
     onboarding, please refer to the troubleshooting section
     in the Wakefit Zense app or contact our support team
     for assistance.

Thank you for choosing Zense Track8 for your sleep tracking
needs. Enjoy a restful and well-monitored sleep experience!

For support, contact the Wakefit customer care service
team through the app or on the website.
https://www.wakefit.co/